

**PROSPECTS OF DEVELOPMENT OF VARIETY-SCENIC
DANCE AS A KIND OF SPORTS**

The Belgorod State University, Belgorod, Russia

Introduction. Every year variety-scenic dance (VSD) or dancing show assumes ever greater popularity among children and teenagers in our country and all over the world. VSD is synthesis of various genres of the modern choreography, sports elements, actor's skill and it demands high level of physical strength from dancers.

Nowadays VSD is not a recognized kind of sports as it was a forming stage. It was formed under the influence of interaction of closely-related spheres of culture and sports as a result of circus and dancing performances transformation into competitive level. Administrative organizations make every possible arrangement for recognition of VSD as a kind of sports in the nearest future. For example, the International Dance Organization (IDO), which at present includes 87 countries has been already created. The basic documents are worked out by the Presidium of IDO. They are: rules of competitions and refereeing in all dancing directions, amendments to existing requirements. Important international competitions, official European and World championships are held under the aegis of IDO.

The following **methods of research** have been used: theoretical analysis and generalization of data from literary sources and the documentary materials devoted to various dancing directions, official documents regulating competitive activity in Children and Youth Sports Schools (ChYSS) and Sports Children-Youth School of Olympic Reserves (SCHYSOR), rules of competitions in related complex-coordinating kinds of sports, materials of Internet sites.

Results and their discussion. On the basis of the analyzed standard documents and competitive requirements, it is possible to conclude that new kinds of sports are formed on the basis of elements and requirements of existing ones by this time. The analysis of competition rules in complex-coordinating kinds of sports and VSD has shown that some key positions defining success of performance in this dancing direction coincide with the parameters estimated in sports.

Many aspects of physical, technical, composite and other kinds of training, as well as criteria of referee estimation of competitive activity in VSD and complex-coordinating kinds of sports are similar; therefore the training of dancers can be made on the basis of conformity with laws and the principles used in sports. At the same time, VSD is an independent dancing direction with its specificity in competitive activity and refereeing. It is necessary to take into account this fact at all stages of dancers training.

Conclusions. Thus, at present VSD has the following serious preconditions to be recognized as a kind of sports: increasing popularity in the world; creation of the International Dance Organization; availability of general criteria in estimation of composition, virtuosity, techniques of elements inherent in complex-coordinating kinds of sports.